



# OUCARES

Oakland University  
Center for Autism Research, Education and Support

**We are happy to present...**

## **“How to Incorporate REAL Food and Healthy Living into Your Busy Life”**

**July 13, 2009  
6:30-8:00 p.m.**

**Presented by**

**Sue McCreadie, MD (Holistic Pediatrician) and  
Angelle Batten, MA (Holistic Health Counselor)**

*On the campus of Oakland University  
Oakland Center, Oakland Room  
Rochester, Michigan*

### **Join Us For This Interactive Presentation and Learn:**

- **5 Easy Ways to Happier Healthier Children**
- **One Easy System to Feed Your Family REAL Food Everyday**
- **How to do a Healthy GFCF Diet (including easy recipes to get you started) and more...**
- **There will be time designated to answer your specific questions**

**Space is limited so please RSVP by calling 248-370-2424 or emailing [oucares@oakland.edu](mailto:oucares@oakland.edu).**

**There is no cost to attend this presentation. A generous donation was made by Humana Incorporated to support this presentation.**

